

Wheelwright Lane P.E. Overview 2022-2023

P.E. this year has been enjoyable and interesting. Athletes, specialist teachers, a variety of well-being assemblies, sports and physical activities that we have been able to learn and participate in have inspired us.

We have really enjoyed tournaments and matches where we have learnt to develop our skills and apply them within match situations. We have also had a lot of fun competing against other schools in the football, basketball (Hotshots) and swimming competitions. A special mention for Frank and Archie for playing at county level. Years 5 and 6 won the gala gaining a medal for our school and years 3 and 4 came in second place. It was fun to compete against other schools at an elevated level and have a sense of pride knowing that we were representing the school. The football team have had an outstanding result this year – winning every match and even winning a trophy. They showed our 5 learning behaviours and showed good sportsmanship. Well done boys!

As an early half term special treat Year 5 made Edgbaston stadium their classroom for the day as they gathered at the ground to cheer on Central Sparks. England stars Issy Wong and Amy Jones were in the Sparks' line-up who took on Northern Diamonds in the Charlotte Edwards Cup T20 competition. We were lucky to get the tickets for free as part of Edgbaston's drive to further raise the profile of women's cricket, inspire future generations of crickets, and to promote physical and mental health through sport.

We thoroughly enjoyed sports week because we participated in lots of different sports such as and was finished off by sports day. Sports day consisted of lots of races, and it was great to hear everyone cheering us on and supporting us. We enjoyed the tug of war because it was very intense, and people showed great determination and they showed resilience when their team was losing.

Years 3 and 4 have had swimming lessons at Exhall Grange Pool which is an excellent facility on our doorstep. Years 5 and 6 have had the opportunity for top-up swimming lessons. Some of us had never swam before, so personally I felt like I learnt a lot of key skills so I would feel more confident to have a go again if I went swimming outside of lessons. Each child has been presented with a certificate at the end of their swimming lessons showcasing their current level.

In P.E. lessons we have learnt a variety of skills from gymnastics, jumping, athletics, ball games, orienteering and team games. We have enjoyed having external coaches: Hot Shot Basketball, the Lawn Tennis Association, Bedworth Coaches, Cricket Coaches and our dance specialist Adele from Aspire to Dance who has taught many year groups dance and groups, including; yoga, mindfulness, fitness classes and gym inspired dance.

We cannot wait for another super year of P.E. and having the opportunity to collaborate with Coventry University with a project titled: Pilot of a teacher training intervention to deliver student-centred motor learning pedagogical approaches and improve primary school children's motor competence and motivation in physical education.

Written by: (Reggie and Zac)

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