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Information about this term's Personal, Social, Health Education, which includes Relationships and Changing Me

Dear Parents/Carers,

At Wheelwright Lane Primary School we use Jigsaw, the mindful approach to PSHE, as our scheme of work to teach PSHE (Personal, Social, Health Education). The programme consists of 6 half-term units, each with 6 lessons. We call these Jigsaw 'Puzzles'. (Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me).

In the first half of the Summer Term we will be teaching the Relationships Topic. Relationships Education is statutory (DfE Guidance 2019) and parents cannot withdraw their children from it.

We develop positive relationships throughout the school year and through each Jigsaw Puzzle, but there is a more specific focus on this in this Unit of Work, with children learning about different relationships we have with our friends, family and communities (including staying safe online), and how these relationships change as we grow.

In the second half of the Summer Term we will be teaching the 'Changing Me' Puzzle. This helps children learn to cope positively with all sorts of change. In Key Stage 2 they will learn about puberty in this Puzzle. In Key Stage 1 we introduce scientific terminology for body parts, including genitalia, partly for safeguarding reasons and partly to lay the foundations for learning about puberty later.

The purpose of this letter is to inform you of the statutory requirements placed on schools, and what we plan to teach when for this topic in PSHE this term.

The government statutory guidance gives parents the right to request to withdraw their child from Sex Education, and this letter explains more about what Sex Education is and how you can find out more about this if you wish to.

We also want to share with you how we are adapting the scheme to suit the needs of our school community.

Health, Relationship and Sex Education

Health and Relationship Education is statutory in all primary schools, and it is recommended that all primary schools have a Sex Education programme that is tailored to the age of the pupils.

The Health and Relationship curriculum content is woven throughout the entire programme of Jigsaw, with a specific focus within the 'Healthy Me' and 'Relationships' Puzzles.

In the Early Years and Key Stage 1, the focus is on life cycles, valuing our own bodies and learning some vocabulary for the external body parts, that we might use if we needed to talk to an adult such as a nurse or a doctor.

In Key Stage 2, there is a particular focus on the Health Education element of puberty in (including menstruation) and the changes that happen inside and outside the body. This is taught in a way that helps pupils feel prepared for the main changes that happen before puberty starts, and to encourage them to talk to an adult at home or at school if they have any questions.

At Wheelwright Lane Primary School, we define 'Sex Education' to mean ('human reproduction, conception, pregnancy and birth). Sex Education is part of our PSHE/RSE curriculum and we teach it through the Jigsaw 'Changing Me' topic.

The right to withdraw

As parents you have the right to withdraw your child from the **non-statutory** elements of our teaching. These will be the lessons on human reproduction (please refer to the contents table below for the exact lessons). You are **unable to withdraw** your child from any lessons within Relationship or Health Education (this includes puberty and menstruation). If you do wish to withdraw your child from the human reproduction lessons, please contact Miss Rutherford so we can discuss the implications of withdrawing.

What will my child be taught about puberty and human reproduction?

We have reviewed the content in the Jigsaw Programme as part of our policy review and the content below reflects the decisions made as part of this process. We will also be looking to review this policy next academic year with new parents.

The Jigsaw unit 'Changing Me' is taught in the Summer Term and contains 6 pieces (lessons). Each year group will be taught appropriate to their age and developmental stage. This content will be taught by the class teachers. We will not teach beyond the remit of the year group. If questions are asked that the teacher feels are inappropriate or are beyond the content for that year group, the teacher may ask the child to ask their parent/carer, or the

teacher may acknowledge the question and explain that we will learn about that aspect at another time.

The table below only covers the lessons (pieces) that relate to human reproduction. The lessons (pieces) that parents are able to withdraw their children from are highlighted in red font.

Year group	Piece (lesson) Number and Name	Learning Intentions relating Human Reproduction
Ages 8-9 Year 4		
	Piece 2 Having A Baby Parents have the right to withdraw children from this session as it is classed as human reproduction.	<ul style="list-style-type: none"> • I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby and explain in simple terms how this happens • I understand that having a baby is a personal choice and express how they feel about having children when they are adults • Note: This is a simple introduction to sexual intercourse with the teacher using a script which includes 'an especially close and loving embrace which allows the sperm to be released through the penis into the vagina.'
Age 9-10		
Year 5	Piece 4 Conception Parents have the right to withdraw children from this session as it is classed as human reproduction.	<ul style="list-style-type: none"> • I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby • I appreciate how amazing it is that human bodies can reproduce in these ways
Age		
10-11 Year 6	Piece 3 Babies - Conception to Birth Parents have the right to	<ul style="list-style-type: none"> • I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born • I recognise how I feel when I reflect on the development and birth of a baby

	<p>withdraw children from this session as it is classed as human reproduction.</p>	

We are eager to work in partnership with parents

Please be aware that your child may ask you questions on what they have learnt. There is a leaflet attached to this email which gives tips on how to talk to your child about puberty and human reproduction. There is also the Usborne series of growing up books (<https://usborne.com/gb/books/series/growing-up>) that you might find useful.

We hope that the information we have provided is useful in understanding what your child will be learning this term. If you wish to have full access to the school lesson plans and teaching material please contact the school directly where an appointment can be made for you to view these.

Please refer to our PSHE policy for further information.

If you have any further questions, please contact your child's teacher or me via the office.

Kind regards,

Miss S Rutherford
 Head Teacher
 PSHE / RSE Lead

Headteacher: Miss S. Rutherford

Office Manager: Mrs A. Turner

Chair of Governors: Mr. D. Grove

Learning for Life

